



ULTRA FIT HR SMART BRACELET

USER MANUAL

Setting

Use Ultra Fit HR on iOs or Android smart phone to set the wristband as follows:

Please note: hardware and system of devices should meet the requirements:







iOS 7.1 & Above Android4.4 & Above Support Bluetooth4.0

1. Download Ultra Fit HR

Option 1

Search and download "Ultra Fit HR" from the Apple Store or Android Appletore

Option 2:

Scan the QR code and download "Ultra Fit HR"

Please copy the link and open it through web browser if it can not be opened with Wechat or other scan tools.



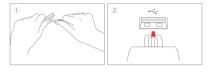




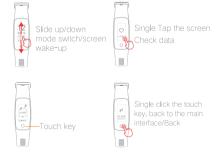


2. Activate the device

- ① Please pull the strap gently, and then pick the main unit out.
- ② Connect the main unit to the USB charger(5V/500mA and charge before initial use.



3. Touch screen



4. Open Ultra Fit HR APP to connect the device



Make sure the Bluetooth is ON, open app "Ultra Fit HR".

After selecting the proper smartband model on your smart phone, please finger-slide the touch-screen of smartband to wake it up and then complete connecting

Know your device

1. Wearing Method

Wear the device on your wrist horizontally, about 2cm to carpal the same method as wearing watches.

2. Heart Rate Monitoring

To monitor Heart Rate more accurately, please wear the device on the upper position of your wrist and a bit tighter than usual when you are taking exercise.

3. Heart Rate Monitoring

Automatic heart rate Monitoring is ON as default, unless you turn this switch OFF manually.

4. Working Time

Working Time about 7 days

5. Interface







Essential Features

1. Activity Tracking



Heart Rate Monitoring



Heart Rate Data display



change in 0.5s)

2 . Multi-sport Mode



DChoose Multi-sport mode, tap the screen



@Long press the screen 3s to enter the Multi-sport mode

"On-going sport" Mode

Tap the screen to enter the next sub-mode of "On-going sport", except when the Music play mode is ON







- Single click the touch key to enter Sport-pause mode
- ⑤Long press the screen 3s to end Sport-pause mode

Sports data display mode

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	MAX	STEP	PACE
6	₩	0	
3456	89	0.88	
CAL	AVG	MI	

3. Guided Breathing



Click the touch key to enter Guided Breathing mode.

Inhale 5s (motor vibrates slightly when it starts), hold breathing 2s(motor vibrates slightly when it starts), inhale 5s again(motor vibrates slightly when it starts), do it 5 times and screen keeps ON.

4. Message Alert



Tap the screen to enter message-check mode Long press to delete current notification Note: you can only record the last 5

5. Weather mode



Tap the screen to switch among future weather information. Screen vibrates when there is no weather information, and will not enter this mode

Note:No weather information display on the device screen when this switch is"OFF"in APP.Further weather information only will be updated when this switch is "ON" after cennecting with Bluetooth.No weather data display on device when there is no further weather information within 24 hours in APP.

Phone needs Internet to obtain weather information.

Click [🗖] to enter Stopwatch Mode

Click () to enter camera shoot mode, motor vibrates slightly

Click [\bigcirc] to enter Time Display switch mode, Slide up and down in 5 dial switch between display modes, click on the dial to confirm the current display mode

Click [\$\infty] to enter "Shake wrist to display" ON setting

Click [$\mathfrak Q$] to enter clock switch. Display 10 alarms Max (sync with App)

Click [*\O`] Heart Rate Monitoring switch

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Deep Sleep Light Sleep Awake

Multi-sport Mode (8 default sport modes)
Walking 、Running 、Treadmill 、Cycling 、Hiking 、

Fitness . Basketball . Badminton

Click 【 孝 】 to enter Bluetooth Setting

Click [O] to enter Power-off mode

Click [1 to enter Language . Unit . time . date setting

Music Control Mode.



vibrates slightly.

Note: It will not display on the device screen, if music

Turn this mode switch on in App, it will display on device screen after connecting with the Bluetooth &

No concerts displayed a phonetic symbols cross interface.

7. More functions and settings



Tap the screen to enter the "function

Click [6] to enter DO NOT DISTURB setting.







No message or calls will be received if the "function setting mode" is OFF, motor vibrates for anti-lost alert

Basic Specifications

Model No.: Ultra Fit HR

Battery Capacity: 65mAh

Working Voltage: 3.7V

Host weight: about 30g

Sync: Bluetooth 4.0

Working temperature: - 10°C- 45°C

Waterproof: IP67

Working Time: about 7 days

Electronic Information Products Poisonous and Harmful Statement



Declaration of toxic and hazardous substances in electronic information products

The device meets the EU ROHS criterion.Please refer to IEC 62321, EU ROHS Directive 2011/65/EU and revised directive.

FAO

- How to find the device when paring?
- ① Make sure the Bluetooth is ON, and smart phone OS Android 4.4 & Above, iOS 7.0 & Above.
- ② Make sure the distance between phone and device is within 0.5meter, device is among the normal Bluetooth communication distance range(within 10meter) after pairin finished.
- ③ Make sure the device is not under low battery. If there is still a problem after fully charged, please contact us.
- ◆ Failed to connect with Bluetooth occasionally?
- ① Caused by the abnormality of Bluetooth service when it reboots on the phone.
- ② Reboot mobile phone or re-start the Bluetooth service, then it works
- How to restore factory defaults?

Make sure the device is connected with smart phone, go in the App, enter "device-- more", and choose "reboot device".

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.

If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- -- Reorient or relocate the receiving antenna.
- -- Increase the separation between the equipment and receiver.
- -- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- -- Consult the dealer or an experienced radio/TV technician for help.

CALITION

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE

DISPOSE OF USED BATTERIES ACCORDING

TO THE INSTRUCTIONS



Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal at the communal collecting point via private persons is for free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this little personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.



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Product support:

Email: support@easym.com.br